

# NISEIDO® JU JITSU

## IKYU - BROWN BELT EXAMINATION

**Student Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

NAGE WAZA (39)	EX	GD	AV	PR	COMMENTS
OSOTO GARI					
OGOSHI					
IPPON SEOINAGE					
OUCHI GARI					
KOSHI GURUMA					
KUBI NAGE					
TSURI KOMI GOSHI					
MOROTE SEOINAGE					
OSOTO OTOSHI					
KUCHIKI TAOSHI					
TSURI KOMI ASHI					
HARAI GOSHI					
HANE GOSHI					
UCHI MATA					
TAI OTOSHI FORWARD					
TAI OTOSHI BACKWARD					
SEOI OTOSHI					
KOUCHI GARI					
SODE TSURI KOMI GOSHI					
DEASHI HARAI					
UKI GOSHI					
KIBISU GAESHI					
TOMOE NAGE					
SUMI GAESHI					
SUTEMI KOUCHI GARI					
OKURI DEASHI HARAI					
SHIHO NAGE					
SOTO MAKIKOMI					
OSOTO MAKIKOMI					
KUBI NAGE MAKIKOMI					
HARAI MAKIKOMI					
HANE MAKIKOMI					
MOROTE ERI OTOSHI					

**NAGE WAZA (39)****EX GD AV PR****COMMENTS**

MOROTE GARI					
URANAGE					
SUKUI NAGE					
UTSURI GOSHI					
USHIRO GOSHI					
OSOTO GURUMA					

**RENRAKUWAZA (4)****EX GD AV PR****COMMENTS**

OUCHI GARI - KOUCHI GARI					
UCHI MATA - OUCHI GARI					
OUCHI GARI - TAI OTOSHI					
TSURI KOMI ASHI - HARAI GOSHI					

**KANSETSU WAZA (22)****EX GD AV PR****COMMENTS**

HON JUJI GATAME					
OKURI ERI HIJI TEKUBI					
KUBI HIJI TEKUBI					
KATA HIJI TEKUBI					
TEKUBI GAKE					
YUBI HIJI TEKUBI					
KOTE GAESHI #1					
KOTE GAESHI #2					
HON KOTE HINERI					
OSHI TAOSHI					
HIKI TAOSHI					
JUJI GATAME					
UDE GARAMI #1					
UDE GARAMI #2					
UDE GATAME #1					
UDE GATAME #2					
WAKIGATAME					



**GOSHINJITSU (17/85)**

HEAD HOLD CORRELATED <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
WRIST ESCAPES <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST CHEST PUSH <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST PUNCHES <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST GRIPS ON GARMENTS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
ESCAPE FROM BODY HOLDS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST CHOKE HOLDS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST KICKS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST CLUB ATTACKS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
CLUB AGAINST CLUB ATTACKS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST WRESTLING HOLDS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
WRIST HOLDS THROWS AND COUNTERS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST PISTOLS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST KNIFE ATTACKS (DULL BLADE) <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
CLUB AGAINST KNIFE ATTACKS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
CANE AGAINST KNIFE ATTACKS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P
KNIFE AGAINST KNIFE ATTACKS <b>COMMENTS:</b>	1	2	3	4	5	E	G	A	P

**COMBATIVE READINESS**

KUMITE 1/1 (1) COMMENTS:	1	2	<u>3</u>	<u>4</u>	<u>5</u>	E	G	A	P
KUMITE 2/1 (1) COMMENTS:	1	2	<u>3</u>	<u>4</u>	<u>5</u>	E	G	A	P
RANDORI (2) COMMENTS:	1	2	3	<u>4</u>	<u>5</u>	E	G	A	P
GATAME WAZA (3) COMMENTS:	1	2	3	<u>4</u>	<u>5</u>	E	G	A	P

**SUMMARY**

**GENERAL COMMENTS**

CONTROL	E	G	A	P	
FOCUS	E	G	A	P	
ATTITUDE	E	G	A	P	

**OVERALL PERFORMANCE**

E	G	A	P
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**ADDITIONAL COMMENTS**


PASS	FAIL	RETAKE
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SIGNATURE OF GRADING OFFICIAL