

# NISEIDO® JU JITSU

## NIKYU - BROWN BELT EXAMINATION

**Student Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

NAGE WAZA (33)	EX	GD	AV	PR	COMMENTS
OSOTO GARI					
OGOSHI					
IPPON SEOINAGE					
OUCHI GARI					
KOSHI GURUMA					
KUBI NAGE					
TSURI KOMI GOSHI					
MOROTE SEOINAGE					
OSOTO OTOSHI					
KUCHIKI TAOSHI					
TSURI KOMI ASHI					
HARAI GOSHI					
HANE GOSHI					
UCHI MATA					
TAI OTOSHI FORWARD					
TAI OTOSHI BACKWARD					
SEOI OTOSHI					
KOUCHI GARI					
SODE TSURI KOMI GOSHI					
DEASHI HARAI					
UKI GOSHI					
KIBISU GAESHI					
TOMOE NAGE					
SUMI GAESHI					
SUTEMI KOUCHI GARI					
OKURI DEASHI HARAI					
SHIHO NAGE					
SOTO MAKIKOMI					
OSOTO MAKIKOMI					
KUBI NAGE MAKIKOMI					
HARAI MAKIKOMI					
HANE MAKIKOMI					
MOROTE ERI OTOSHI					



## SHIME WAZA (14)

EX GD AV PR

## COMMENTS

HADAKA JIME #1					
HADAKA JIME #2					
OKURI ERI JIME					
SHOMEN OKURI ERI JIME					
KATAHA JIME					
NAMI JUJI JIME					
GYAKU JUJI JIME					
KATA JUJI JIME					
SANKAKU JIME					
SODE JIME #1					
SODE JIME #2					
RYOTE JIME					
NAMI RYOTE JIME					
KATA RYOTE JIME					

## GOSHINJITSU (15/75)

HEAD HOLD CORRELATED COMMENTS:	1	2	3	4	5	E	G	A	P
WRIST ESCAPES COMMENTS:	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST CHEST PUSH COMMENTS:	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST PUNCHES COMMENTS:	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST GRIPS ON GARMENTS COMMENTS:	1	2	3	4	5	E	G	A	P
ESCAPE FROM BODY HOLDS COMMENTS:	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST CHOKE HOLDS COMMENTS:	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST KICKS COMMENTS:	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST CLUB ATTACKS COMMENTS:	1	2	3	4	5	E	G	A	P
CLUB AGAINST CLUB ATTACKS COMMENTS: COMMENTS:	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST WRESTLING HOLDS COMMENTS:	1	2	3	4	5	E	G	A	P
WRIST HOLDS THROWS AND COUNTERS COMMENTS:	1	2	3	4	5	E	G	A	P

**GOSHINJITSU (15/75)**

DEFENSE AGAINST KNIFE ATTACKS (DULL BLADE: CAUTION) COMMENTS:	1	2	3	4	5	E	G	A	P
CLUB AGAINST KNIFE ATTACKS COMMENTS:	1	2	3	4	5	E	G	A	P
DEFENSE AGAINST PISTOLS COMMENTS:	1	2	3	4	5	E	G	A	P

**COMBATIVE READINESS**

KUMITE 1/1 COMMENTS:	1	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	E	G	A	P
RANDORI (2) COMMENTS:	1	2	<u>3</u>	<u>4</u>	<u>5</u>	E	G	A	P
GATAME WAZA (3) COMMENTS:	1	2	3	<u>4</u>	<u>5</u>	E	G	A	P

**SUMMARY**

**GENERAL COMMENTS**

CONTROL	E	G	A	P	
FOCUS	E	G	A	P	
ATTITUDE	E	G	A	P	

**OVERALL PERFORMANCE**

E	G	A	P
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**ADDITIONAL COMMENTS**


PASS	FAIL	RETAKE
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SIGNATURE OF GRADING OFFICIAL